

MSHSL Section 8AAA Championships 2026

May 27, 2026 May 27 & 30, 2026 - Saint Michael, MN

Mens Varsity

1.	Moorhead	162
2.	Brainerd	106
3.	Alexandria	104
4.	Monticello	98
5.	Sartell	83
6.	St. Michael-Albertville	80
7.	Elk River	41
8.	Bemidji	32

Womens Varsity

1.	Moorhead	129.5
2.	St. Michael-Albertville	123
3.	Brainerd	109
4.	Alexandria	104
5.	Sartell	80
6.	Elk River	61
7.	Monticello	54
8.	Bemidji	40.5

Boys Varsity 100 Meters Finals

=====

Athlete Yr Team Mark H# Wind

=====

- 1 Zak Walker 11 Moorhead 10.84a -2.2
- 2 Gus Staryszak 12 Monticello 10.89a -2.2
- 3 Wyatt Mosher 11 St. Michael-Albertville 11.02a -2.2
- 4 Jackson Freeman 12 Elk River 11.20a -2.2
- 5 Jackson Dornsbach 10 St. Michael-Albertville 11.24a -2.2
- 6 Landyn Stavos 11 Sartell 11.26a -2.2
- 7 Travis Albrecht 12 Brainerd 11.49a -2.2
- 8 Layne Johnson 10 Alexandria 11.59a -2.2
- Taylen Schermerhorn 12 Bemidji DNS -2.2

Boys Varsity 100 Meters Prelims

=====

Athlete Yr Team Mark H#

=====

- 1 Gus Staryszak 12 Monticello 10.94a
- 2 Wyatt Mosher 11 St. Michael-Albertville 11.05a
- 3 Zak Walker 11 Moorhead 11.07a
- 4 Jackson Freeman 12 Elk River 11.21a
- 5 Jackson Dornsbach 10 St. Michael-Albertville 11.24a
- 6 Taylen Schermerhorn 12 Bemidji 11.39a
- 7 Landyn Stavos 11 Sartell 11.44a
- 8 Travis Albrecht 12 Brainerd 11.52a
- 9 Layne Johnson 10 Alexandria 11.52a
- 10 Hendrick Warner 12 St. Michael-Albertville 11.54a
- 11 Jace Howell 12 Elk River 11.60a
- 12 Espen Bement 12 Moorhead 11.64a
- 13 Henry McCrady 11 Bemidji 11.66a
- 14 Isaac Schafer 12 Sartell 11.68a
- 15 Sawyer Blair 10 Alexandria 11.76a
- 16 Kyle Syrdal 11 Brainerd 11.79a
- 17 Nicolas Steinert 11 Moorhead 11.83a
- 18 John Curtis 11 Monticello 11.84a

19 Vinny Nelson 11 Bemidji 11.94a
20 John Nagbe III 12 Elk River 11.95a
21 Everen Erickson 11 Brainerd 12.04a
22 Jackson Dutcher 12 Alexandria 12.16a

Boys Wheelchair 100 Meters

=====

Athlete Yr Team Mark H#

=====

1 Logan Hovanetz 10 Elk River 25.76a

Girls Varsity 100 Meters Finals

=====

Athlete Yr Team Mark H# Wind

=====

1 Emma Kvant 12 St. Michael-Albertville 12.12a -0.7
2 Sienna Schmitz 10 Sartell 12.21a -0.7
3 Kaityn Walthers 12 Moorhead 12.21a -0.7
4 Payten Kor 12 Alexandria 12.60a -0.7
5 Romedna Gaye 11 Moorhead 12.80a -0.7
6 Lola Zabel 10 Sartell 12.81a -0.7
7 Nadia Davis 10 Moorhead 12.84a -0.7
8 Naomi Johnson 10 Bemidji 12.85a -0.7
9 Camille Weber 12 Sartell 13.26a -0.7

Girls Varsity 100 Meters Prelims

=====

Athlete Yr Team Mark H#

=====

1 Emma Kvant 12 St. Michael-Albertville 12.21a
2 Kaityn Walthers 12 Moorhead 12.37a
3 Sienna Schmitz 10 Sartell 12.48a
4 Payten Kor 12 Alexandria 12.53a
5 Nadia Davis 10 Moorhead 12.69a
6 Romedna Gaye 11 Moorhead 12.74a
7 Lola Zabel 10 Sartell 12.75a
8 Naomi Johnson 10 Bemidji 12.97a
9 Camille Weber 12 Sartell 13.15a
10 Tatianna Parker 11 Elk River 13.27a
11 Ruthie Zeller 12 Elk River 13.31a
12 Holly Bergin 12 Brainerd 13.45a
13 Haja Paasawe 11 St. Michael-Albertville 13.47a
14 Shiloh Summer 10 Alexandria 13.55a
15 Andi White 9 Brainerd 13.58a
16 Isabelle Peterson 9 Alexandria 13.60a
17 Breckyn Mankowski 11 Brainerd 13.64a
18 Lily Riesgraf 11 St. Michael-Albertville 13.71a
19 Carmyn Anderson 12 Monticello 13.77a
20 Zoey Tavarez 8 Elk River 14.03a

21 Camdyn Branson 12 Monticello 14.13a
22 Hattie Spicer 10 Bemidji 14.17a
23 Morgan Doescher 12 Monticello 14.19a
24 Aerie Hill 9 Bemidji 14.24a

Boys Varsity 200 Meters Finals

=====

Athlete	Yr	Team	Mark	H#	Wind
---------	----	------	------	----	------

=====

1	Zak Walker	11	Moorhead	20.92a	-0.1
2	Gus Staryszak	12	Monticello	21.28a	-0.1
3	Wyatt Mosher	11	St. Michael-Albertville	21.78a	-0.1
4	Austin Asher	12	Brainerd	21.90a	-0.1
5	Stanley Sterriker	10	Monticello	21.91a	-0.1
6	Jackson Dornsbach	10	St. Michael-Albertville	22.06a	-0.1
7	Landyn Stavos	11	Sartell	22.48a	-0.1
8	Jace Howell	12	Elk River	22.63a	-0.1
9	Edmund Wotoe	12	Moorhead	24.24a	-0.1

Boys Varsity 200 Meters Prelims

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Zak Walker	11	Moorhead	21.74a
2	Wyatt Mosher	11	St. Michael-Albertville	21.91a
3	Gus Staryszak	12	Monticello	22.09a
4	Austin Asher	12	Brainerd	22.19a
5	Edmund Wotoe	12	Moorhead	22.32a
6	Stanley Sterriker	10	Monticello	22.45a
7	Jackson Dornsbach	10	St. Michael-Albertville	22.52a
8	Landyn Stavos	11	Sartell	22.99a
9	Jace Howell	12	Elk River	23.01a
10	Kayden Christianson	11	Alexandria	23.17a
11	Brysen Hasapopoulos	11	Alexandria	23.29a
12	Andrew Siats	11	Sartell	23.33a
13	Nicolas Steinert	11	Moorhead	23.44a
14	Vincent Dehmer	11	St. Michael-Albertville	23.47a
15	Malik Lauer	9	Brainerd	23.49a
16	Easton Mack	12	Monticello	23.72a
17	Sawyer Blair	10	Alexandria	23.78a
18	Ralph Jlopleh	11	Elk River	23.94a
19	Vinny Nelson	11	Bemidji	24.12a
20	Noah Wilson	12	Bemidji	24.37a
21	Nathan Tangen	12	Sartell	24.61a
22	Andre Ringwelski	9	Elk River	24.81a
23	Taylen Schermerhorn	12	Bemidji	1:02.64a
--	Henry Verrips	11	Brainerd	DNS

Boys Wheelchair 200 Meters

=====

Athlete Yr Team Mark H#

=====

1 Logan Hovanetz 10 Elk River 58.25a

Girls Varsity 200 Meters Finals

=====

Athlete Yr Team Mark H# Wind

=====

1 Emma Kvant 12 St. Michael-Albertville 24.03a -1.9
2 Sienna Schmitz 10 Sartell 25.25a -1.9
3 Payten Kor 12 Alexandria 25.49a -1.9
4 Kenadie Paulson 10 Brainerd 25.66a -1.9
5 Mollie Statsick 11 Sartell 25.98a -1.9
6 Naomi Johnson 10 Bemidji 26.04a -1.9
7 Olivia Ostlie 9 St. Michael-Albertville 26.23a -1.9
8 Quinn Erickson 9 Moorhead 26.36a -1.9
9 Olivia Draper 8 Monticello 26.72a -1.9

Girls Varsity 200 Meters Prelims

=====

Athlete Yr Team Mark H#

=====

1 Emma Kvant 12 St. Michael-Albertville 24.49a
2 Sienna Schmitz 10 Sartell 25.87a
3 Kenadie Paulson 10 Brainerd 25.90a
4 Payten Kor 12 Alexandria 25.93a
5 Naomi Johnson 10 Bemidji 26.08a
6 Mollie Statsick 11 Sartell 26.36a
7 Quinn Erickson 9 Moorhead 26.75a
8 Olivia Ostlie 9 St. Michael-Albertville 26.76a
9 Olivia Draper 8 Monticello 27.01a
10 Kate Orton 9 Brainerd 27.20a
11 Macy Castle 10 Brainerd 27.29a
12 Ruby Zielinski 11 Moorhead 27.34a
13 Kiera Strodman 10 Bemidji 27.95a
14 Lilly Klimek 9 Alexandria 28.03a
15 Peyton Hoheisel 10 Elk River 28.10a
16 Alexandra Waddingham 10 Sartell 28.44a
17 Mariah Steffens 11 St. Michael-Albertville 28.55a
18 Chelsea Noomon 12 Moorhead 28.67a
19 Gretah Suchy 9 Alexandria 28.70a
20 Veronica Joseph 11 Monticello 28.97a
21 Karris Termont 10 Bemidji 28.99a
22 Carmyn Anderson 12 Monticello 29.01a
23 Pyper Mottlow 7 Elk River 29.25a
24 Gigi Keckeisen 9 Elk River 31.17a

Boys Varsity 400 Meters Finals

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Kade Lovell	10	Monticello	50.33a
2	Ben Fasen	11	Monticello	50.70a
3	Aedan Pena	10	Monticello	50.96a
4	Jesus Beltran Gonzalez	9	St. Michael-Albertville	51.90a
5	Franklin Steil	10	Sartell	51.92a
6	Landon Kimble	11	Sartell	52.41a
7	Hunter Krebs	11	Alexandria	52.51a
8	Beck Oldenkamp	9	Alexandria	52.79a
9	Rhett Lemmerhirt	12	Brainerd	1:11.67a

Boys Varsity 400 Meters Prelims

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Kade Lovell	10	Monticello	49.89a
2	Aedan Pena	10	Monticello	51.28a
3	Ben Fasen	11	Monticello	51.58a
4	Jesus Beltran Gonzalez	9	St. Michael-Albertville	51.59a
5	Franklin Steil	10	Sartell	52.05a
6	Hunter Krebs	11	Alexandria	52.77a
7	Landon Kimble	11	Sartell	53.01a
8	Beck Oldenkamp	9	Alexandria	53.13a
9	Rhett Lemmerhirt	12	Brainerd	53.21a
10	Koko Waindim	10	St. Michael-Albertville	53.65a
11	Kayden Blakesley	12	Alexandria	53.72a
12	Brennen Hill	11	Bemidji	53.88a
13	Tavan Schlichting	12	Moorhead	54.11a
14	Finnegan Fairchild	9	Bemidji	54.45a
15	Andrew Breczinski	12	Bemidji	54.50a
16	Henry Verrips	11	Brainerd	54.80a
17	Austin Nichols	12	Brainerd	55.21a
18	Kyan Beaumont	11	St. Michael-Albertville	55.38a
19	Jacob Murphy	11	Sartell	56.05a
20	Gage Bakke	12	Moorhead	56.13a
21	Roman Horner	12	Elk River	56.17a
22	Micah Blake	10	Moorhead	56.26a
23	Keller Schmitz	12	Elk River	57.32a
24	Benjamin St. Martin	12	Elk River	58.95a

Girls Varsity 400 Meters Finals

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Emma Kvant	12	St. Michael-Albertville	53.32a
2	Audrey Humeniuk	9	Moorhead	56.80a
3	Olivia Ostlie	9	St. Michael-Albertville	58.59a

4 Avery Marquardt 11 Moorhead 58.79a
5 Macy Carlson 10 Brainerd 59.18a
6 Jaiden Schwegel 8 Sartell 1:00.26a
7 Audyn Nyberg 9 Alexandria 1:00.85a
8 Sydney Keckeisen 12 Elk River 1:01.36a
9 Hailey Steffensmeier 12 St. Michael-Albertville 1:03.33a

Girls Varsity 400 Meters Prelims

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Emma	Kvant	12	St. Michael-Albertville	53.49a
2	Audrey	Humeniuk	9	Moorhead	57.08a
3	Macy	Carlson	10	Brainerd	58.80a
4	Avery	Marquardt	11	Moorhead	59.34a
5	Olivia	Ostlie	9	St. Michael-Albertville	1:00.02a
6	Audyn	Nyberg	9	Alexandria	1:01.68a
7	Hailey	Steffensmeier	12	St. Michael-Albertville	1:01.73a
8	Jaiden	Schwegel	8	Sartell	1:01.91a
9	Sydney	Keckeisen	12	Elk River	1:01.92a
10	Desirae	Prosper	11	Monticello	1:02.95a
11	Lola	McCabe	9	Alexandria	1:03.53a
12	Fiona	Untiedt-Welle	11	Bemidji	1:03.92a
13	Veronica	Joseph	11	Monticello	1:04.49a
14	Gretah	Suchy	9	Alexandria	1:05.01a
15	Anabelle	Castro	10	Monticello	1:05.01a
16	Lindsey	Johnson	9	Sartell	1:05.34a
17	Miriam	Mohrenweiser	9	Brainerd	1:05.40a
18	Gigi	Keckeisen	9	Elk River	1:05.47a
19	Rosabella	Castillo	10	Sartell	1:05.76a
20	Maev	Storbakken	11	Brainerd	1:05.98a
21	Anika	Harmsen	12	Bemidji	1:06.64a
22	Anna	Nordmeier	11	Elk River	1:07.19a
23	Hannah	Quinn	10	Bemidji	1:08.82a
24	Hailey	Grieger	9	Moorhead	1:09.58a

Boys Varsity 800 Meters Finals

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Eli	Schlichting	12	Moorhead	1:59.34a
2	Caleb	Knott	12	Bemidji	1:59.67a
3	Brenden	Skistad	10	Monticello	2:00.61a
4	Kristoff	Haroldson	11	Sartell	2:01.36a
5	Parker	Lindsay	10	St. Michael-Albertville	2:03.43a
6	Conner	Copeland	11	Moorhead	2:04.07a
7	Nolan	Kalthoff	10	Brainerd	2:04.60a
8	Oliver	Carlson	12	Moorhead	2:07.85a
9	Riley	Harmoning	10	St. Michael-Albertville	2:08.52a

Boys Varsity 800 Meters Prelims

=====

Athlete Yr Team Mark H#

=====

- 1 Eli Schlichting 12 Moorhead 1:57.85a
- 2 Caleb Knott 12 Bemidji 1:58.15a
- 4 Parker Lindsay 10 St. Michael-Albertville 1:58.27a
- 3 Brenden Skistad 10 Monticello 1:59.19a
- 5 Oliver Carlson 12 Moorhead 1:59.41a
- 6 Kristoff Haroldson 11 Sartell 1:59.50a
- 7 Riley Harmoning 10 St. Michael-Albertville 2:00.08a
- 8 Conner Copeland 11 Moorhead 2:01.05a
- 9 Nolan Kalthoff 10 Brainerd 2:01.77a
- 10 Matty Soderholm 11 Alexandria 2:03.15a
- 11 Tanner Johnson 12 Bemidji 2:03.89a
- 12 Kyle Millar 11 Bemidji 2:04.49a
- 13 Mullen Bratney 10 Brainerd 2:05.62a
- 14 Warren Kerindo 10 Monticello 2:05.78a
- 15 Liam Sieve 12 St. Michael-Albertville 2:06.19a
- 16 Charles Getting 10 Sartell 2:06.86a
- 17 Joren Dahl 9 Alexandria 2:07.64a
- 18 Carter Rush 12 Alexandria 2:09.73a
- 19 Greyson Loeffler 11 Monticello 2:10.98a
- 20 Cameron Koepf 10 Sartell 2:11.67a
- 21 Maxwell Sofio 9 Elk River 2:14.10a
- 22 Taiden Meier 9 Brainerd 2:16.02a
- 23 Beck Cleaveland 12 Elk River 2:17.74a
- 24 Connor Carlson 8 Elk River 2:18.53a

Girls Varsity 800 Meters Finals

=====

Athlete Yr Team Mark H#

=====

- 1 Brooke Elveru 8 Elk River 2:18.76a
- 2 Emma Bassen 10 Alexandria 2:19.52a
- 3 Mila Warzecha 10 Alexandria 2:20.12a
- 4 Sophie Miller 9 St. Michael-Albertville 2:23.71a
- 5 Ellie Rossland 10 Moorhead 2:25.27a
- 6 Chloe Derby 10 Bemidji 2:26.39a
- 7 Lucy Engelstad 11 Brainerd 2:26.43a
- 8 Ady Hannon 11 St. Michael-Albertville 2:28.37a
- 9 Kahlan Johnson 11 Brainerd 3:02.12a

Girls Varsity 800 Meters Prelims

=====

Athlete Yr Team Mark H#

=====

- 1 Emma Bassen 10 Alexandria 2:17.47a

2 Sophie Miller 9 St. Michael-Albertville 2:17.70a
 4 Mila Warzecha 10 Alexandria 2:18.66a
 7 Kahlan Johnson 11 Brainerd 2:18.87a
 3 Brooke Elveru 8 Elk River 2:19.56a
 5 Chloe Derby 10 Bemidji 2:19.74a
 6 Lucy Engelstad 11 Brainerd 2:20.08a
 8 Ady Hannon 11 St. Michael-Albertville 2:20.39a
 9 Ellie Rossland 10 Moorhead 2:21.01a
 10 Alivia Thompson 12 Bemidji 2:21.72a
 11 Alexis Rimmer 11 Monticello 2:22.53a
 12 Izzy Nei 12 Alexandria 2:23.13a
 13 Claire Story 12 Bemidji 2:23.89a
 14 Amelia Probasco 7 Sartell 2:26.36a
 15 Whitney Sala 11 Monticello 2:26.80a
 16 Reese Cleveland 10 St. Michael-Albertville 2:26.95a
 17 Isabelle Lockhart 10 Moorhead 2:29.94a
 18 Emorie Snyder 8 Sartell 2:30.31a
 19 Barrett Sokness 10 Moorhead 2:32.44a
 20 Scarlet Urick 11 Monticello 2:33.85a
 21 Annelise Baird 12 Brainerd 2:35.06a
 22 Jillian Ward 9 Sartell 2:42.67a
 23 Erin Bescheinen 10 Elk River 2:44.97a
 24 Claire Barthel 9 Elk River 2:48.34a

Boys Varsity 1600 Meters

=====

Athlete Yr Team Mark H#

=====

1 Jonathan Cowell 11 Brainerd 4:28.15a
 2 Jakin Miller 10 Alexandria 4:32.76a
 3 Aitor Peralta 11 Monticello 4:35.13a
 4 Jackson Carlson 11 Elk River 4:36.61a
 5 Kade Polomny 10 Moorhead 4:38.04a
 6 Kyle Jahner 11 Alexandria 4:38.94a
 7 Wes Brouillard 12 Moorhead 4:39.50a
 8 Beckett Miller 10 Brainerd 4:41.57a
 9 Will Perius 11 Sartell 4:41.79a
 10 William Ames 10 Bemidji 4:42.41a
 11 JamesJT O'Rourke 9 St. Michael-Albertville 4:44.22a
 12 Dylan Riepe 11 Moorhead 4:45.53a
 13 Benjamin Dayton 11 St. Michael-Albertville 4:47.33a
 14 Matty Soderholm 11 Alexandria 4:47.54a
 15 Brendan Abernathy 8 Elk River 4:47.58a
 16 Nolan Jendro 10 Brainerd 4:52.01a
 17 Mac Buchan 12 Bemidji 4:55.30a
 18 Kyler Williams 12 St. Michael-Albertville 4:57.38a
 19 Ashur Walton 8 Elk River 4:59.81a
 20 Eli O'Connell 10 Sartell 5:00.95a
 21 Logan Mossey 9 Monticello 5:03.88a

22 Seth Johnson 12 Sartell 5:09.99a
23 Deven Bentler 10 Bemidji 5:11.33a
24 Henry Hanson 10 Monticello 5:34.44a

Girls Varsity 1600 Meters

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Mackenzie	Myran	8	St. Michael-Albertville	4:56.88a
2	Isabel	Mahoney	12	Monticello	5:07.58a
3	Citori	Halbe	12	Alexandria	5:16.89a
4	Reese	Cleveland	10	St. Michael-Albertville	5:18.37a
5	Quinn	Hills	12	Alexandria	5:19.26a
6	Audreanna	Hines	7	Brainerd	5:19.54a
7	Sophia	Johnson	10	Moorhead	5:21.72a
8	Brooklyn	Johnson	12	Moorhead	5:21.96a
9	Amelia	Probasco	7	Sartell	5:22.73a
10	Ainsleigh	Lehmann	12	Alexandria	5:23.47a
11	Addy	Stordahl	12	Moorhead	5:30.08a
12	Erin	Auel	9	Elk River	5:30.36a
13	Kylie	Lindberg	9	Monticello	5:33.31a
14	Anna	Dewey	9	St. Michael-Albertville	5:38.88a
15	Rylee	Story	10	Bemidji	5:38.98a
16	Inga	Auel	10	Brainerd	5:43.42a
17	Mya	Nelson	12	Elk River	5:43.69a
18	Savanah	Emmans	10	Elk River	5:45.92a
19	Eva	Traut	10	Brainerd	5:47.28a
20	Stella	Holstrom	11	Sartell	5:47.29a
21	Ava	Lesniak	11	Sartell	5:54.04a
22	Alemitu	Rosh	10	Monticello	5:55.72a
23	Abigail	Olson	11	Bemidji	6:00.82a
24	Ivy	Blumenshein	11	Bemidji	6:08.67a

Boys Varsity 3200 Meters

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Benjamin	Raisanen	10	St. Michael-Albertville	9:32.66a
2	Jonathan	Cowell	11	Brainerd	9:35.02a
3	Kyle	Jahner	11	Alexandria	10:08.94a
4	Kade	Polomny	10	Moorhead	10:12.58a
5	William	Ames	10	Bemidji	10:14.51a
6	JamesJT	O'Rourke	9	St. Michael-Albertville	10:14.69a
7	Tyler	Jahner	10	Alexandria	10:16.84a
8	Benjamin	Dayton	11	St. Michael-Albertville	10:17.07a
9	Jackson	Carlson	11	Elk River	10:19.36a
10	Eli	Kotsmith	8	Brainerd	10:19.39a
11	Blake	Dewitt	10	Bemidji	10:20.08a
12	Wes	Brouillard	12	Moorhead	10:21.62a

13 Barrett Hicks 12 Moorhead 10:22.10a
 14 Brendan Abernathy 8 Elk River 10:22.97a
 15 Carson Bumgarner 11 Alexandria 10:24.03a
 16 Will Perius 11 Sartell 10:28.17a
 17 Beckett Miller 10 Brainerd 10:35.89a
 18 Andrew Berndt 12 Sartell 10:51.22a
 19 Deven Bentler 10 Bemidji 11:12.08a
 20 Eli O'Connell 10 Sartell 11:13.62a
 21 Aiden Tribon 8 Elk River 11:25.59a
 22 Jake Gaulke 11 Monticello 12:11.94a

Girls Varsity 3200 Meters

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Mackenzie	Myran	8	St. Michael-Albertville	10:32.94a
2	Isabel	Mahoney	12	Monticello	10:55.94a
3	Abigayle	Vossen	11	St. Michael-Albertville	11:26.30a
4	Quinn	Hills	12	Alexandria	11:32.34a
5	Brooklyn	Johnson	12	Moorhead	11:33.57a
6	Citori	Halbe	12	Alexandria	11:39.93a
7	Annabelle	Vossen	9	St. Michael-Albertville	11:49.10a
8	Sophia	Johnson	10	Moorhead	11:49.57a
9	Briana	Blasing	10	Brainerd	11:52.26a
10	Avery	Warzecha	8	Alexandria	12:11.23a
11	Audreanna	Hines	7	Brainerd	12:16.35a
12	Lauren	Rengel	9	Monticello	12:18.57a
13	Ava	Stout	11	Moorhead	12:26.86a
14	Mya	Nelson	12	Elk River	12:34.21a
15	Abigail	Olson	11	Bemidji	12:46.41a
16	Stella	Holstrom	11	Sartell	12:59.71a
17	Braylen	Hansen	10	Monticello	13:10.22a
18	Danika	Ramler	12	Brainerd	13:18.42a
19	Ava	Lesniak	11	Sartell	13:27.37a
20	Reese	Janson	9	Sartell	13:30.49a
21	Alia	Eiler	7	Elk River	13:38.40a
22	Ivy	Blumenshein	11	Bemidji	13:45.40a
23	Kira	Warnke	11	Elk River	14:06.09a
--	Adeline	Runningen	10	Bemidji	DNF

Girls Varsity 100m Hurdles Finals

=====

Athlete	Yr	Team	Mark	H#	Wind
---------	----	------	------	----	------

=====

1	Natalie	Smith	12	Brainerd	15.51a	-1.9
2	Shelby	Fischer	12	St. Michael-Albertville	15.72a	-1.9
3	Annabelle	Hedlund	12	Moorhead	15.99a	-1.9
4	Eloise	Homelvig	12	Alexandria	16.12a	-1.9
5	Rachel	Freeman	11	Moorhead	16.15a	-1.9

6 Allyson Tromburg 12 Sartell 16.40a -1.9
7 Lucille Sanden 9 Alexandria 16.46a -1.9
8 Cecelia Dircks 9 Brainerd 16.48a -1.9
9 Kierra Ostendorf 11 Alexandria 23.04a -1.9

Girls Varsity 100m Hurdles Prelims

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Shelby	Fischer	12	St. Michael-Albertville	15.71a
2	Natalie	Smith	12	Brainerd	15.81a
3	Eloise	Homelvig	12	Alexandria	16.17a
4	Annabelle	Hedlund	12	Moorhead	16.43a
5	Rachel	Freeman	11	Moorhead	16.44a
6	Kierra	Ostendorf	11	Alexandria	16.63a
7	Lucille	Sanden	9	Alexandria	16.63a
8	Cecelia	Dircks	9	Brainerd	16.66a
9	Allyson	Tromburg	12	Sartell	16.89a
10	Sophia	White	11	Brainerd	16.92a
11	Finley	Zothman	9	Bemidji	17.02a
12	Malena	Hjort	10	Elk River	17.16a
13	Mollie	Voss-Goeb	10	Elk River	17.51a
14	Evelyn	Larkin	11	Sartell	17.68a
15	Mira	Larsen	8	Monticello	17.88a
16	Halle	Aylesworth	10	Bemidji	18.52a
17	Grace	Gustafson	11	Monticello	18.73a
18	Rachel	Sixta	12	St. Michael-Albertville	18.75a
19	Heaven	Robinson	9	Elk River	19.08a
20	Katelyn	Suckow	11	Monticello	19.89a
21	Noelle	Huber	9	St. Michael-Albertville	20.06a
--	Fetliciah	Hanson	10	Moorhead	DNF

Boys Varsity 110m Hurdles Finals

=====

Athlete	Yr	Team	Mark	H#	Wind
---------	----	------	------	----	------

=====

1	Will	Hemmesch	11	Sartell	15.41a -1.9
2	Michel	Kulu	11	Sartell	15.46a -1.9
3	Micah	Kietzmann	10	Alexandria	15.61a -1.9
4	Tavarius	Wallace	10	Brainerd	15.77a -1.9
5	Preston	Miller	12	Brainerd	15.80a -1.9
6	Jesse	Adatsi	12	Moorhead	15.92a -1.9
7	Owen	Woodruff	11	Sartell	16.22a -1.9
8	Charles	Martin	12	Moorhead	16.35a -1.9
9	Gavin	Schroeder	11	Alexandria	17.09a -1.9

Boys Varsity 110m Hurdles Prelims

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1 Michel Kulu 11 Sartell 15.40a
4 Preston Miller 12 Brainerd 15.40a
2 Will Hemmesch 11 Sartell 15.53a
5 Gavin Schroeder 11 Alexandria 15.92a
6 Owen Woodruff 11 Sartell 15.94a
3 Micah Kietzmann 10 Alexandria 16.00a
7 Tavarious Wallace 10 Brainerd 16.00a
8 Charles Martin 12 Moorhead 16.17a
9 Jesse Adatsi 12 Moorhead 16.18a
10 Mutalah Secka 12 Elk River 16.53a
11 Jonas Raske 11 Brainerd 16.63a
12 Drew Kolenda 10 St. Michael-Albertville 16.75a
13 Cayden Fields 11 Elk River 16.90a
14 Rylie Koester 10 St. Michael-Albertville 17.43a
15 Santiago Castro 12 Monticello 17.76a
16 Rhett Granning 12 Alexandria 17.83a
17 Eli Roden 9 St. Michael-Albertville 18.25a
18 Noah Scherber 12 Monticello 18.26a
19 Ryland Olson 11 Bemidji 19.30a
20 Jahiro Romero Jimenez 11 Elk River 19.83a
21 Dane Sawatzke 11 Monticello 20.18a

Boys Varsity 300m Hurdles Finals

=====

Athlete Yr Team Mark H#

=====

1 Preston Miller 12 Brainerd 39.16a
2 Jesse Adatsi 12 Moorhead 39.74a
3 Graham Odland 11 Alexandria 40.98a
4 Michel Kulu 11 Sartell 41.14a
5 Gavin Schroeder 11 Alexandria 41.25a
6 Cole Salvevold 9 Moorhead 41.62a
7 Tavarious Wallace 10 Brainerd 42.05a
8 Kaegan Museus 11 Brainerd 42.31a
9 Santiago Castro 12 Monticello 42.50a

Boys Varsity 300m Hurdles Prelims

=====

Athlete Yr Team Mark H#

=====

1 Preston Miller 12 Brainerd 39.37a
2 Michel Kulu 11 Sartell 40.62a
3 Jesse Adatsi 12 Moorhead 40.86a
4 Gavin Schroeder 11 Alexandria 40.99a
5 Graham Odland 11 Alexandria 41.51a
6 Cole Salvevold 9 Moorhead 41.93a
7 Tavarious Wallace 10 Brainerd 42.00a
8 Santiago Castro 12 Monticello 42.35a

9 Kaegan Museus 11 Brainerd 42.74a
 10 Will Hemmesch 11 Sartell 43.06a
 11 Drew Kolenda 10 St. Michael-Albertville 43.42a
 12 Rhett Granning 12 Alexandria 43.95a
 13 Remington Stonestreet 9 Monticello 44.45a
 14 Rylie Koester 10 St. Michael-Albertville 44.50a
 15 Mutalah Secka 12 Elk River 44.79a
 16 Eli Kile 9 Monticello 44.81a
 17 Eli Roden 9 St. Michael-Albertville 44.97a
 18 Evan Lundin 11 Bemidji 46.23a
 19 Owen Woodruff 11 Sartell 46.91a
 20 Tamunotonye Orupabo 12 Elk River 48.29a
 21 Jahiro Romero Jimenez 11 Elk River 49.00a
 22 Ryland Olson 11 Bemidji 49.76a
 23 Paul Hodapp 9 Bemidji 50.55a

Girls Varsity 300m Hurdles Finals

=====

Athlete Yr Team Mark H#

=====

1 Cecelia Dircks 9 Brainerd 45.23a
 2 Eloise Homelvig 12 Alexandria 46.42a
 3 Natalie Smith 12 Brainerd 47.34a
 4 Finley Zothman 9 Bemidji 48.23a
 5 Lucille Sanden 9 Alexandria 48.99a
 6 Ruby Martin 9 Moorhead 49.84a
 7 Shelby Fischer 12 St. Michael-Albertville 49.97a
 8 Camille Weber 12 Sartell 1:01.06a

Girls Varsity 300m Hurdles Prelims

=====

Athlete Yr Team Mark H#

=====

1 Cecelia Dircks 9 Brainerd 46.11a
 2 Natalie Smith 12 Brainerd 46.70a
 3 Eloise Homelvig 12 Alexandria 46.80a
 4 Camille Weber 12 Sartell 47.93a
 5 Shelby Fischer 12 St. Michael-Albertville 48.38a
 6 Finley Zothman 9 Bemidji 48.43a
 7 Kierra Ostendorf 11 Alexandria 49.10a
 8 Lucille Sanden 9 Alexandria 49.13a
 9 Ruby Martin 9 Moorhead 49.37a
 10 Stella Carlson 9 Moorhead 49.41a
 11 Vivienne Johnson 10 Brainerd 50.90a
 12 Alexa Maynard 8 Monticello 51.02a
 13 Annabelle Hedlund 12 Moorhead 51.48a
 14 Raelynn Holmes 9 St. Michael-Albertville 51.60a
 15 Lauren Hustad 10 Elk River 51.96a
 16 Camdyn Branson 12 Monticello 52.07a

- 17 Lili Dominguez 10 Sartell 52.32a
- 18 Mollie Voss-Goeb 10 Elk River 52.73a
- 19 Savannah Haase 10 Monticello 55.20a
- 20 Rachel Sixta 12 St. Michael-Albertville 56.36a
- 21 Heaven Robinson 9 Elk River 56.44a
- 22 Adeline Runningen 10 Bemidji 58.67a

Boys Varsity 4x100 Relay

=====

Team Time H#

=====

- 1 Brainerd 42.25a
- 1) A
- 2 Moorhead 42.31a
- 1) A
- 3 Bemidji 43.40a
- 1) A
- 4 Elk River 43.62a
- 1) A
- 5 Alexandria 43.64a
- 1) A
- 6 St. Michael-Albertville 43.82a
- 1) A
- 7 Sartell 43.95a
- 1) A
- 8 Monticello 44.72a
- 1) A

Girls Varsity 4x100 Relay

=====

Team Time H#

=====

- 1 Moorhead 47.71a
- 1) A
- 2 Sartell 47.87a
- 1) A
- 3 Brainerd 48.42a
- 1) A
- 4 Monticello 50.68a
- 1) A
- 5 Elk River 51.04a
- 1) A
- 6 Alexandria 51.32a
- 1) A
- 7 St. Michael-Albertville 52.34a
- 1) A
- 8 Bemidji 53.54a
- 1) A

Boys Varsity 4x200 Relay

=====

Team Time H#

=====

1 Moorhead 1:27.43a

1) A

2 St. Michael-Albertville 1:27.75a

1) A

3 Brainerd 1:29.36a

1) A

4 Sartell 1:29.56a

1) A

5 Alexandria 1:30.29a

1) A

6 Monticello 1:34.03a

1) A

7 Bemidji 1:34.33a

1) A

8 Elk River 1:34.43a

1) A

Girls Varsity 4x200 Relay

=====

Team Time H#

=====

1 Brainerd 1:42.15a

1) A

2 Moorhead 1:43.48a

1) A

3 Monticello 1:46.71a

1) A

4 Alexandria 1:48.54a

1) A

5 Elk River 1:50.10a

1) A

6 St. Michael-Albertville 1:50.38a

1) A

7 Bemidji 1:51.64a

1) A

Boys Varsity 4x400 Relay

=====

Team Time H#

=====

1 Monticello 3:23.61a

1) A

2 Moorhead 3:25.57a

1) A

3 Brainerd 3:28.94a

1) A
4 Sartell 3:32.08a
1) A
5 Alexandria 3:33.90a
1) A
6 Bemidji 3:36.63a
1) A
7 St. Michael-Albertville 3:39.51a
1) A
8 Elk River 3:51.08a
1) A

Girls Varsity 4x400 Relay

=====

Team	Time	H#
------	------	----

=====

1 Moorhead	3:59.11a	
1) A		
2 Brainerd	4:03.18a	
1) A		
3 Elk River	4:12.11a	
1) A		
4 Alexandria	4:14.40a	
1) A		
5 Bemidji	4:16.59a	
1) A		
6 St. Michael-Albertville	4:16.95a	
1) A		
7 Monticello	4:20.06a	
1) A		
8 Sartell	4:35.25a	
1) A		

Boys Varsity 4x800 Relay

=====

Team	Time	H#
------	------	----

=====

1 Moorhead	8:00.92a	
1) A		
2 St. Michael-Albertville	8:02.36a	
1) A		
3 Monticello	8:05.59a	
1) A		
4 Bemidji	8:13.40a	
1) A		
5 Alexandria	8:29.35a	
1) A		
6 Brainerd	8:30.61a	
1) A		

7 Elk River 8:47.30a

1) A

8 Sartell 9:28.07a

1) A

Girls Varsity 4x800 Relay

=====

Team Time H#

=====

1 St. Michael-Albertville 9:18.93a

1) A

2 Moorhead 9:19.13a

1) A

3 Brainerd 9:21.05a

1) A

4 Bemidji 9:27.44a

1) A

5 Alexandria 9:29.60a

1) A

6 Monticello 9:50.07a

1) A

7 Elk River 10:28.32a

1) A

8 Sartell 10:46.45a

1) A

Boys Varsity Shot Put

=====

Athlete Yr Team Mark H#

=====

1 Adrian Miles 10 Alexandria 59-08.50

2 Gus Staryszak 12 Monticello 52-05.50

3 Simon Bicek 12 Elk River 51-10.00

4 Albert Karpeh 12 Brainerd 51-04.00

5 Jensen Martinson 11 Alexandria 50-06.50

6 Archer Smith 12 Elk River 48-07.50

7 Jayden Karger 11 St. Michael-Albertville 47-05.25

8 Peter Do 11 Sartell 46-09.00

9 Grady Riebel 11 St. Michael-Albertville 46-03.00

10 Keaton Sabrowsky 10 Sartell 45-00.00

11 Moe Bakrin 11 Moorhead 44-11.50

12 Sam Jacobson 12 Moorhead 44-11.00

13 Teagan Hanson 12 Monticello 44-09.50

14 Jeremy Boe 10 Alexandria 43-09.00

15 Amerey Lee 10 Elk River 41-10.00

16 Cooper Steele 11 St. Michael-Albertville 41-09.50

17 Dominik Lighthall 11 Sartell 41-02.00

18 Logan Olson 12 Moorhead 40-02.00

19 Aiden Fillipi 12 Bemidji 40-01.00

20 Leopold Famoso 12 Brainerd 39-09.00
21 Tyce Faber 10 Brainerd 37-06.00
22 Logan Caron 11 Bemidji 37-01.50
23 Kellen Biggin 12 Bemidji 36-09.50
24 Bennie Moore 9 Monticello 36-05.50

Boys Wheelchair Shot Put

Athlete Yr Team Mark H#

1 Logan Hovanetz 10 Elk River 20-00.00

Girls Varsity Shot Put

Athlete Yr Team Mark H#

1 Matisse Hahn 12 Elk River 37-10.00
2 Xavia Finnern 10 Sartell 37-02.25
3 Serena Caspers 12 Brainerd 36-09.50
4 Nora Urness 10 Alexandria 35-02.00
5 Samantha Cox 11 Bemidji 34-06.75
6 Hazel Schmidt 11 Moorhead 34-02.00
7 Dayton Running 9 Alexandria 32-06.50
8 Scotland Brown 12 Alexandria 32-04.75
9 Scarlett Haws 10 Sartell 31-03.75
10 Ava Fiedler 12 Sartell 29-11.00
11 Alaina Fehn 9 St. Michael-Albertville 29-04.00
12 Isabelle Ploof 12 Brainerd 29-01.50
13 Aubrey Haag 11 Moorhead 28-10.25
14 Anna Jacobson 10 Moorhead 28-08.25
15 Elise Vanwinkle 8 Monticello 28-06.50
16 Kaylin Danner 9 Elk River 28-02.00
17 Linnea Tapper 12 Monticello 27-11.75
18 McKenzie Ghinter 9 Bemidji 26-09.50
19 Freya Lemke 10 Monticello 25-03.75
20 Ellie Fischer 12 St. Michael-Albertville 25-03.50
21 Amelia Tokpah 11 Elk River 24-07.00
22 Rose Maus 10 Bemidji 23-00.25
23 Reese Miller 9 St. Michael-Albertville 22-08.75
-- Affinity Vandenarend 11 Brainerd FOUL

Boys Varsity Discus

Athlete Yr Team Mark H#

1 Adrian Miles 10 Alexandria 183-10
2 Simon Bicek 12 Elk River 168-09
3 Gus Staryszak 12 Monticello 163-06
4 Cole Krohnfeldt 11 Alexandria 155-10

5 Sam Jacobson 12 Moorhead 146-00
 6 Connor Hawkins 10 Alexandria 144-08
 7 Leopold Famoso 12 Brainerd 143-04
 8 Trevor Bodell 12 Monticello 135-08
 9 Elias Finnern 11 Sartell 130-08
 10 Teagan Hanson 12 Monticello 127-00
 11 Cooper Steele 11 St. Michael-Albertville 125-06
 12 Logan Olson 12 Moorhead 125-04
 13 Zaiden Farley 12 Sartell 122-11
 14 Archer Smith 12 Elk River 121-10
 15 Jonas Klicker 11 Brainerd 121-05
 16 Amerey Lee 10 Elk River 120-05
 17 Evan Benedict 12 Moorhead 119-02
 18 Finn Outcalt 10 St. Michael-Albertville 116-01
 19 Albert Karpeh 12 Brainerd 116-00
 20 Evan Kelly 11 Bemidji 114-09
 21 Kellen Biggin 12 Bemidji 112-06
 22 Hunter Jepperson 12 Sartell 111-08
 23 Jared Brutger 11 St. Michael-Albertville 108-03
 24 Aiden Fillipi 12 Bemidji 104-08

Boys Wheelchair Discus

=====

Athlete Yr Team Mark H#

=====

1 Logan Hovanetz 10 Elk River 52-09

Girls Varsity Discus

=====

Athlete Yr Team Mark H#

=====

1 Isabelle Ploof 12 Brainerd 117-02
 2 Alaina Fehn 9 St. Michael-Albertville 105-01
 3 Samantha Cox 11 Bemidji 99-11
 4 Ava Fiedler 12 Sartell 99-09
 5 Scotland Brown 12 Alexandria 98-06
 6 McKenzie Ghinter 9 Bemidji 98-02
 7 Amelia Tokpah 11 Elk River 97-06
 8 Matisse Hahn 12 Elk River 97-04
 9 Nora Urness 10 Alexandria 95-00
 10 Anika Haug 12 Alexandria 94-10
 11 Aubrey Haag 11 Moorhead 93-09
 12 Meredith Anderson 11 Sartell 92-11
 13 Xavia Finnern 10 Sartell 89-06
 14 Serena Caspers 12 Brainerd 89-05
 15 Linnea Tapper 12 Monticello 89-03
 16 Affinity Vandenarend 11 Brainerd 83-10
 17 Greta Verkuilen 12 Moorhead 82-02
 18 Freya Lemke 10 Monticello 80-04

19 Kaylin Danner 9 Elk River 78-03
20 Paige Hartifel 11 Monticello 78-01
21 Hazel Schmidt 11 Moorhead 77-01
22 Ellie Fischer 12 St. Michael-Albertville 76-09
23 Reese Miller 9 St. Michael-Albertville 72-04
24 Synneva Flom 10 Bemidji 69-02

Boys Varsity High Jump

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Shadrach	Zuo	10	Moorhead	6-02.00
2	Micah	Zimmerman	10	Moorhead	6-02.00
3	Dylan	Salzsieder	12	St. Michael-Albertville	6-02.00
4	Owen	Woodruff	11	Sartell	6-00.00
5	Evan	Usher	11	Sartell	6-00.00
6	Luke	Merseeth	10	Brainerd	5-10.00
7	Grady	Starzl	11	Alexandria	5-10.00
8	Kellan	Olson	11	Brainerd	5-10.00
9	Kyle	Pietig	11	Monticello	5-08.00
10	Blake	Brenny	10	Brainerd	5-08.00
11	Tristan	Carruth	10	Monticello	5-08.00
12	Abraham	Sylla-Vorderbrugg	12	Elk River	5-08.00
13	Cole	Salvevold	9	Moorhead	5-06.00
13	David	Balisidya	11	Elk River	5-06.00
13	Cayden	Carlson	12	Sartell	5-06.00
13	Josiah	Williams	10	Monticello	5-06.00
13	Cooper	Henson	11	St. Michael-Albertville	5-06.00
18	Evan	Tatge	10	St. Michael-Albertville	5-06.00
18	Rhett	Granning	12	Alexandria	5-06.00
18	Rhys	Sneide	12	Bemidji	5-06.00
21	Graham	Odland	11	Alexandria	5-04.00
22	Christopher	Wilcox	9	Elk River	5-02.00
--	Zaden	Graf	11	Bemidji	NH
--	Gavin	Hokuf	10	Bemidji	DNS

Girls Varsity High Jump

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Cora	Clough	12	Brainerd	5-02.00
2	Eloise	Homelvig	12	Alexandria	5-00.00
3	Olivia	Terhune	12	Sartell	5-00.00
4	Stella	Carlson	9	Moorhead	5-00.00
5	Lisa	Tarwo	11	Moorhead	4-10.00
5	Kendel	Barry	10	Bemidji	4-10.00
7	Amber	Maki	10	Moorhead	4-10.00
7	Tatianna	Parker	11	Elk River	4-10.00
7	Kyrienne	Eggert	10	Sartell	4-10.00

10 Isabel Rankin 12 St. Michael-Albertville 4-10.00
11 Dayton Running 9 Alexandria 4-10.00
12 Alexandra Meyer 12 St. Michael-Albertville 4-10.00
12 Lili Dominguez 10 Sartell 4-10.00
14 Grace Koester 9 Bemidji 4-10.00
15 Brooke Engebretson 12 Elk River 4-08.00
16 Abigail Mayers 9 Brainerd 4-08.00
17 Julia Barry 12 Bemidji 4-08.00
17 Chloe Gonska 11 Brainerd 4-08.00
19 Ruthie Zeller 12 Elk River 4-06.00
19 Olivia Draper 8 Monticello 4-06.00
21 Ella Krube 12 St. Michael-Albertville 4-06.00
22 Molly Johnson 8 Monticello 4-04.00
23 Alexa Maynard 8 Monticello 4-04.00
-- Lila Schlichting 9 Alexandria NH

Boys Varsity Pole Vault

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Joe Smith	12	Brainerd	14-04.00
2	Andrew Siats	11	Sartell	13-04.00
3	Jonas Raske	11	Brainerd	12-10.00
4	Ian Whiteis	12	St. Michael-Albertville	12-04.00
5	Grant Kurowski	12	Sartell	12-04.00
6	Jackson Dutcher	12	Alexandria	12-04.00
7	Henry Kelly	11	St. Michael-Albertville	11-04.00
8	Rowan Cantone	10	Moorhead	10-04.00
9	Kayden Blakesley	12	Alexandria	10-04.00
10	Crockett Puschinsky	10	Bemidji	10-04.00
11	Nathan Murphy	11	Sartell	10-04.00
12	Odin Sjoberg	12	Brainerd	9-04.00
12	Lamar Mcinnis	11	Elk River	9-04.00
12	Tavan Schlichting	12	Moorhead	9-04.00
12	Dennis Verrett	9	Monticello	9-04.00
16	Andre Ringwelski	9	Elk River	8-04.00
17	Parker Mullen	10	Moorhead	8-04.00
--	Austin Heim	12	Bemidji	NH
--	Nolan Henderson	11	St. Michael-Albertville	NH
--	Matthew Andrews	12	Elk River	DNS

Girls Varsity Pole Vault

=====

Athlete	Yr	Team	Mark	H#
---------	----	------	------	----

=====

1	Grace Lindenfelser	11	St. Michael-Albertville	10-04.00
2	Sophia White	11	Brainerd	10-04.00
3	Ava Mattison	12	Moorhead	9-10.00
4	Evelyn Larkin	11	Sartell	9-04.00

5 Caselyn Bown 11 Sartell 8-10.00
 5 Elise Henderson 10 Brainerd 8-10.00
 5 Millie Kalina 9 Alexandria 8-10.00
 8 Isabelle Oakes 12 Moorhead 8-10.00
 9 Zoie Vorachith 12 Sartell 8-10.00
 10 Josie Johnson 10 Elk River 7-10.00
 11 Olivia Tanner 11 St. Michael-Albertville 7-10.00
 12 Zoe Zigan 9 Monticello 7-10.00
 13 Ellie Cahill 8 Monticello 7-10.00
 14 Alice Novotny 10 Alexandria 7-10.00
 14 Abigail Tisdell 10 Brainerd 7-10.00
 16 Pyper Mottlow 7 Elk River 6-10.00
 16 Lydia Kietzmann 9 Alexandria 6-10.00
 16 Ramya Beck 10 St. Michael-Albertville 6-10.00
 19 Breanna Allen 12 Elk River 6-10.00
 19 Adley Staehnke 9 Moorhead 6-10.00
 -- Chloe Schwietering 11 Monticello DNS
 -- Jerzey Everhart 10 Bemidji DNS
 -- Sydney Beise 12 Bemidji DNS

Boys Varsity Long Jump

=====

Athlete	Yr	Team	Mark	H#	Wind
---------	----	------	------	----	------

=====

1	Zak Walker	11	Moorhead	23-10.00	+3.0
2	Shadrach Zuo	10	Moorhead	22-03.00	+2.1
3	Espen Bement	12	Moorhead	22-01.00	+1.3
4	John Curtis	11	Monticello	21-06.50	+2.7
5	Micah Kietzmann	10	Alexandria	21-01.00	+1.8
6	Jayden Bondy	12	Bemidji	21-00.00	+4.1
7	Nolan Henderson	11	St. Michael-Albertville	20-11.00	+4.3
8	Rhys Sneide	12	Bemidji	20-09.50	+3.5
9	Emmit Becher	10	Brainerd	20-02.00	+2.3
10	David Balisidya	11	Elk River	20-00.75	+3.5
11	Henry McCrady	11	Bemidji	20-00.00	+1.6
12	Mason Willms	10	Elk River	19-11.00	+3.2
13	Nathan Tangen	12	Sartell	19-09.25	+1.7
14	Ian Kauffman	10	Monticello	19-09.00	+4.6
14	Trey Osterman	10	Elk River	19-09.00	+2.2
16	Patrick Klecker	11	Alexandria	19-06.00	+1.3
17	Cameron Eull	11	St. Michael-Albertville	19-05.50	+1.2
18	Owen Rath	12	Sartell	19-01.00	+4.1
19	Noah Mickelson	10	Brainerd	19-00.00	+1.7
20	Mikael Winter	9	Alexandria	18-09.00	+1.9
21	Lucas Bryan	10	St. Michael-Albertville	18-08.00	0.0
22	Anders Larson	11	Sartell	18-07.75	0.0
23	Easton Mack	12	Monticello	18-00.00	+1.2
--	Dewayne Sims	10	Brainerd	DNS	

Girls Varsity Long Jump

=====

Athlete Yr Team Mark H# Wind

=====

1 Shiaflyn Cooper 11 Elk River 18-03.25 -2.7
2 Lauren Hansen 12 Monticello 17-10.50 -2.2
3 Sienna Schmitz 10 Sartell 17-08.75 -3.2
4 Ruby Martin 9 Moorhead 17-02.50 -2.0
5 Rachel Freeman 11 Moorhead 16-10.50 -2.2
6 Quinn Erickson 9 Moorhead 16-08.25 -2.3
7 Sienna Zepeda 10 Monticello 16-08.00 -2.4
8 Allyson Tromburg 12 Sartell 16-07.50 -1.3
9 Kira Johnson 10 Alexandria 16-07.25 -1.4
10 Gretah Suchy 9 Alexandria 16-00.25 -3.8
11 Hattie Duininck 12 Brainerd 15-09.50 0.0
12 Peyton Hoheisel 10 Elk River 15-09.00 -1.0
13 Lola Zabel 10 Sartell 15-08.75 -2.4
14 Jensen Rogers 12 St. Michael-Albertville 15-07.25 -3.1
15 Zoey Tavarez 8 Elk River 15-01.00 -2.7
16 Holly Bergin 12 Brainerd 15-00.75 -2.0
17 Katelyn Coulombe 10 Bemidji 14-08.25 -1.7
18 Grace Koester 9 Bemidji 14-04.25 -1.8
19 Sophie Hillman 9 St. Michael-Albertville 14-02.50 -2.1
20 Alivia Berg 9 Brainerd 14-02.00 -0.9
21 Grace Devries 10 St. Michael-Albertville 14-01.75 -1.7
22 Evie Bjornrud 11 Bemidji 13-11.75 -1.5
23 Olivia Frie 12 Monticello 13-10.75 -1.9
-- Hadley Marti 9 Alexandria FOUL

Boys Varsity Triple Jump

=====

Athlete Yr Team Mark H# Wind

=====

1 Courage Sayiah 9 Moorhead 44-09.50 -1.8
2 Micah Kietzmann 10 Alexandria 44-05.00 0.0
3 Camden Eagle 11 Sartell 44-03.75 -2.4
4 Madison Suah 12 Moorhead 44-02.75 -2.0
5 Charles Martin 12 Moorhead 44-00.75 -2.7
6 Emmit Becher 10 Brainerd 43-04.75 -1.7
7 Josiah Williams 10 Monticello 42-05.25 -1.7
8 Luke Merseth 10 Brainerd 42-02.50 -2.6
9 Mason Willms 10 Elk River 41-06.00 -0.1
10 Jayden Bondy 12 Bemidji 41-05.00 -0.2
11 Patrick Klecker 11 Alexandria 41-05.00 -0.6
12 Gavin Schroeder 11 Alexandria 41-00.00 -0.4
13 Vincent Dehmer 11 St. Michael-Albertville 40-04.00 -0.6
14 Noah Mickelson 10 Brainerd 39-11.75 -2.3
15 Jorge Rosales-Valenzuela 11 Monticello 39-10.50 -1.3
16 Abraham Sylla-Vorderbrugg 12 Elk River 39-09.00 -0.2

17 Rhys Sneide 12 Bemidji 39-08.00 -0.5
 18 Trey Osterman 10 Elk River 39-05.75 -0.1
 19 Lincoln Nordby 12 Sartell 38-03.00 -1.5
 20 Lucas Bryan 10 St. Michael-Albertville 37-09.50 -1.3
 21 Ian Kauffman 10 Monticello 37-05.50 -1.3
 22 Jackson Pugh 10 St. Michael-Albertville 37-03.00 -0.4
 23 Owen Rath 12 Sartell 37-03.00 -1.9
 24 Finnegan Fairchild 9 Bemidji 36-10.50 -0.4

Girls Varsity Triple Jump

=====

Athlete	Yr	Team	Mark	H#	Wind
---------	----	------	------	----	------

=====

1	Shiaflyn	Cooper	11	Elk River	40-10.75 +3.9
2	Sienna	Zepeda	10	Monticello	37-11.50 +2.7
3	Ruby	Martin	9	Moorhead	36-11.00 +3.5
4	Allyson	Tromburg	12	Sartell	36-07.75 +2.8
5	Lauren	Hansen	12	Monticello	36-06.00 +4.7
6	Lisa	Tarwo	11	Moorhead	35-11.25 +3.0
7	Adley	Staehnke	9	Moorhead	35-04.00 +1.6
8	Alivia	Berg	9	Brainerd	34-01.75 +2.7
9	Emme	Murray	9	Brainerd	33-10.50 +0.4
10	Hadley	Marti	9	Alexandria	33-09.00 +1.7
11	Payton	Meyer	12	Brainerd	33-03.25 +1.7
12	Evelyn	Larkin	11	Sartell	32-08.25 +4.7
13	Sydney	Frieler	10	Sartell	32-03.25 +0.7
14	Anna	Korynta	11	Alexandria	31-09.00 +0.6
15	Finley	Zothman	9	Bemidji	31-07.50 +2.5
16	Alexa	Maynard	8	Monticello	31-04.25 +3.0
17	Katelyn	Coulombe	10	Bemidji	31-04.00 +3.8
18	Peyton	Hoheisel	10	Elk River	31-03.25 +0.9
18	Lila	Schlichting	9	Alexandria	31-03.25 +2.0
20	Grace	Koester	9	Bemidji	30-11.50 +1.0
21	Sophie	Hillman	9	St. Michael-Albertville	29-11.25 +1.3
22	Olivia	Tanner	11	St. Michael-Albertville	29-09.00 +2.4
23	Alexis	McKane	9	St. Michael-Albertville	28-11.50 +2.0
24	Vivian	Vail	7	Elk River	28-07.75